

# 4-7-2025 JCC Thunderbird Invitation Track Meet @ JCC-Tecumseh

## 9:00 AM - Coaches Meeting

*Final scratches can be made at the coaches meeting. Unverified improvements in times will not be permitted at the coaches meeting. You can email any improvements or changes to [garrett.collin@jcccentral.org](mailto:garrett.collin@jcccentral.org) by **NOON on Thursday, April 3rd.***

## 9:30 AM - Field Events

Boys Discus *followed by* Boys Shot Put (10:30)  
Girls Shot Put *followed by* Girls Discus (10:30)  
Girls Long Jump *followed by* Boys Long Jump  
Boys Triple Jump *followed by* Girls Triple Jump  
Girls High Jump *followed by* Boys High Jump  
Boys Pole Vault *followed by* Girls Pole Vault

## 12:30 PM - Running Events

3200 Meter Relay – *Girls Final*  
3200 Meter Relay – *Boys Final*  
100 Meter Hurdles – *Girls Prelims*  
110 Meter Hurdles – *Boys Prelims*  
100 Meter Dash – *Girls Prelims*  
100 Meter Dash – *Boys Prelims*  
400 Meter Dash – *Girls Finals*  
400 Meter Dash – *Boys Finals*  
3200 Meter Run – *Girls Finals*  
3200 Meter Run – *Boys Finals*  
200 Meter Dash – *Girls Prelims*  
200 Meter Dash – *Boys Prelims*

## Break

100 Meter Hurdles – *Girls Finals*  
110 Meter Hurdles – *Boys Finals*  
100 Meter Dash – *Girls Finals*  
100 Meter Dash – *Boys Finals*  
800 Meter Run – *Girls Finals*  
800 Meter Run – *Boys Finals*  
300 Meter Hurdles – *Girls Finals*  
300 Meter Hurdles – *Boys Finals*  
200 Meter Dash – *Girls Finals*  
200 Meter Dash – *Boys Finals*  
1600 Meter Run – *Girls Finals*  
1600 Meter Run – *Boys Finals*  
400 Meter Relay – *Girls Finals*  
400 Meter Relay – *Boys Finals*  
1600 Meter Relay – *Girls Finals*  
1600 Meter Relay – *Boys Finals*

**\*\*The eight fastest times will qualify for the finals\*\***