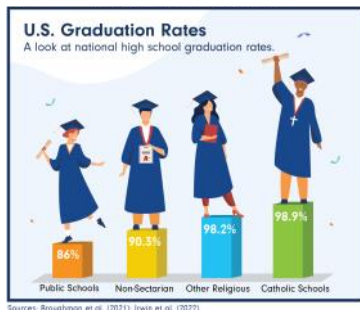


## HAPPY CATHOLIC SCHOOLS WEEK 2024!



On this day  
 of CSW,  
 we want  
 to recognize  
 all who serve,  
 and we offer  
 prayers for  
 our nation.



### TODAY'S CHALLENGE:

**WEDNESDAY**  
 January 31, 2024

#### In our "BODY" Era

Demonstrate that you are working hard to become the best version of yourself!

Do you show mindfulness by being present in the moment? Are you rested? Making wise choices with screen time? Do you work to your potential in physical education and at sports practice? Can you regulate your emotions by using strategies such as breathing or counting as you have learned in guidance? Are you patient and wait your turn? Do you have self-control?

CLICK ON ANY OF THE LINKS BELOW TO READ THE LATEST ARTICLES WRITTEN BY OUR SPOTLIGHT

[One Act Qualifies for State Contest](#)  
[Stanley Cup Makes a Comeback](#)

- **Parents/Guardians:** Conferences will be held on Wednesday, February 14. Please use this link to sign up for your K-5 conferences: [CLICK HERE TO SIGN UP](#). 6th-12th grade conferences will be held in the RAC from 6:00-8:00.

- **ALL Juniors and Seniors:** April 6<sup>th</sup> is the Sacred Heart Auction. You are all expected to help that night. There are various jobs such as serving dinners, clearing plates, washing dishes, filling waters, etc. We will have a meeting when the date gets closer to give you more details. Please put this date on your calendars. Thank you in advance for your cooperation and help. Mrs. Simon, Mrs. Keithley and Mrs. Froeschl



- **Suckers for Sweeties:** Student Council will be selling suckers for Valentine's Day delivery. See one of your Student Council representatives to purchase your Valentine suckers for only 50 cents. Please turn your money in at the same time as your messages. All suckers must be purchased by Fri., February 9<sup>th</sup>.

- **The JH Girls game at Sterling** that was postponed for today, Monday, Jan. 29, is now on Monday, February 19. Game time is 3:00 with A and then B games.

- **200 Club Winners January 19, 2024** - \$200 Kevin/Lynne Davis; \$100 Fr. Tom Dunavan; \$50 Bob/Susan Carpenter, Kristi Simon, Brent/Tanya Shubert, Mike/Cherie Frederick, Steve Kottich, Tony/Janet Ahern, Matt/Mimi Santo

- **The following students have not turned in signed report cards:** 11<sup>th</sup> -Caleb Kirkendall

- **CONCESSION STAND HELP NEEDED:** [CLICK THIS LINK TO SIGN UP](#).

[Click here to watch home games from the RAC and Jug Brown Stadium on HudlTV.](#)



[Click here for the Sacred Heart website \(calendars, schedules, handbooks, etc.\).](#)

[fcsacredheart.org](https://fcsacredheart.org)

### CHARACTER TRAIT OF THE MONTH

## MINDFUL

"Staying focused in the present moment"

2023-2024  
**Attitude is Everything!**

Today's Bell Schedule:



**A**

[Click here for the full monthly menu.](#)



**Lunch Today:**  
 Chicken Nuggets,  
 Mashed Potatoes &  
 Gravy, Pears, Roll  
**Lunch Tomorrow:**  
 Pizza, Corn, Grapes  
 Brownie

**HAPPY BIRTHDAY**



Mega Bucks Winner:

**TBA**

### — Upcoming Events —

- **Wed., Jan. 31** **CSW- Celebrating our Nation**  
**Dress-Up Theme: Fab 40s: Ties, Dresses, etc. for Bishop Conley's visit**  
 12:30 NHS Luncheon  
 1:30 NHS Induction  
 2:00 All-School Mass  
 6:30 p.m. - Speech practice for all team members
- **Thurs., Feb. 1** **CSW-Celebrating Vocations**  
**Dress-Up Theme: 80s Hair Band Day -Crazy hair and neon gear!**  
 3:00 Girls BB vs NCL @ Southern  
 -Dismiss GBB players @12:10 for lunch and then leave
- **Fri., Feb. 2** **CSW-Celebrating our Students**  
**Dress-Up Theme: 90s Grudge - Jeans and CSW Shirt**  
**Following C Schedule for 1:23 fun**  
 9:30 All-School Mass  
 7:30 Boys BB vs DO @ Odell-bus 4:45 if Tuesday games resulted in loss
- **Sat., Feb 3** JHGBB @ FCMS Tourney @FCMS  
 -10:00 vs. Auburn  
 -11:00 3rd Place Game  
 -12:00 1st Place Game  
 Pioneer Conf. Bball at Southern:  
 -3:00 Girls Consolation Game  
 -4:30 Boys Consolation Game  
 -6:00 Girls Champ. Game  
 -7:30 Boys Champ. Game
- **Mon., Feb. 5** 4:00 JHGBB vs. NCL  
 -A-Game followed by 2 qtrs of B-Game

**SCRIP NEWS:** Please stop at the school office or scrip desk at church for an order form, or visit [www.raiseright.com](http://www.raiseright.com) for participating retailers. Order forms may be completed and turned in to Kerry Tramp or the Sacred Heart office with payment. Online orders may be placed by registering on the RaiseRight website using Sacred Heart's Enrollment Code (contact Kerry Tramp or email us at [sacredheartscrip-card@gmail.com](mailto:sacredheartscrip-card@gmail.com)). **Orders placed and paid by Mondays at 11:30 am will be included in the weekly order and cards will be available by the following Friday.** Please contact Kerry Tramp (402-990-1139) or Sue Bieker (402-245-3414) if you have questions. Thank you for your support of our Sacred Heart Scrip program!

## SACRED HEART COLLECTION PROGRAMS

**Please continue saving General Mills Box Tops, Our Family, & Country Hearth/Village Hearth UPCs**

You can download the Box Top app on your smartphone and earn even more money for our school by scanning your store receipt within 14 days of purchase. The app will automatically find the products and instantly add Box Tops to your school's earning online. No clipping required. Our school ID is 179981. Sacred Heart will still take clipped box tops if they have not expired. Collection boxes are located outside the school office. Your child may also hand the items into their teacher.

Looking for inspiration to kickstart Lent this year? **A Theology on Tap will be hosted at the Elks Club on Friday, February 16th at 7pm, for adults. There will also be a Retreat Day at Saints Peter and Paul Parish on Saturday, February 17th from 9am-3pm open to high schoolers and adults.** The presenter for both events will be Matt Simmons. He is a full-time retreat director, spiritual guide, and a husband and father of 4 kids. Friday's presentation will be about "Who Jesus is and why does it matter", and Saturday's retreat will be centered on "Finding Freedom from hatred, trauma, and past wounds". Come to one or both events! Please use this link to RSVP for the retreat. No registration is needed for the Theology on Tap event.

[Click here to sign up for the retreat, please.](#)

**EXTRA! EXTRA! CLICK ON ANY OF THE LINKS BELOW TO  
READ THE LATEST ARTICLES WRITTEN BY OUR SPOTLIGHT STAFF!**

[Guest speaker emphasizes striving for excellence](#)

[Darveau: more than a custodian](#)

[FC art teachers collaborate to complete mural](#)

['The Ballad of Songbirds and Snakes' movie  
provides complex villain story](#)

[SH grad achieves print shop dream](#)

[Lady Irish look for third consecutive championship title](#)

[Boys bball team hopes experience leads to success](#)



Catholic Schools  
United in Faith and Community

# Sacred Heart Irish Catholic Schools Week

"All things work together for good." Romans 8:28

## SUNDAY

January 28, 2024

### CELEBRATING OUR PARISHES

Student Council members will be speaking at each Mass.

Check out our social media pages as we begin to highlight our Catholic Schools Week activities.

## MONDAY

January 29, 2024

### CELEBRATING OUR COMMUNITY

Special deliveries to businesses to thank you for your continuous support!

**Dress-up Theme:**  
"50s Sock Hop Day"

It's wacky sock day!  
Wear your uniform and the craziest socks you can find!

## TUESDAY

January 30, 2024

### CELEBRATING OUR PARENTS AND STAFF

Thank you, parents, for the many ways you support our school and our many activities.

**Dress-up Theme:**  
"Groovy 60s & 70s Day"

Hippie or disco, greaser or preps - pick your favorite style from these eras!

## WEDNESDAY

January 31, 2024

### CELEBRATING OUR NATION

12:30 NHS Luncheon  
1:30 NHS Induction  
2:00 All-School Mass

**Dress-up Theme:**  
"Fabulous 40s"

Dresses and ties were the style of this era - perfect for our honors day!

## THURSDAY

February 1, 2024

### CELEBRATING VOCATIONS

**Dress-up Theme:**  
"80s Hair Band Day"

Rock out your hair and put on your neon gear!

## FRIDAY

February 2, 2024

### CELEBRATING OUR STUDENTS

We have an afternoon of fun activities planned for all students!

**Dress-up Theme:**  
"90s Grunge"

Comfort was the name of this era - Wear your favorite jeans and your CSW tshirt.

